

KALEO CHING, MA Art, CAMT, CCHT, CMQG
CA Massage Therapy Council #40444
American Council of Hypnotist Examiners #405-252
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Birth: Dec. 3, 1947

ADJUNCT PROFESSOR: Qigong & Art/Maskmaking for Transformation

Sofia University, Transpersonal Psychology MA program, Palo Alto, CA 2017 to 2020
JFK University Arts and Consciousness Program, Berkeley, 1991 to 2016
JFKU Holistic Health Education & Transpersonal Psychology Programs, 2011, '12, '13
Wisdom University, Mill Valley, 2006 to 2013
California Institute of Integral Studies (CIIS) Public Programs, San Francisco, 2003 to 2013
Institute of Transpersonal Psychology, Palo Alto, 1996, '97, '99, 2001, 2010, 2011
University of Creation Spirituality, Masters Program, 1996 to 2006
Naropa University-Oakland, Doctor of Ministry Program, 1996 to 2006
San Francisco State University, Holistic Health Dept., 2001, 2003, 2005, 2006
New College of California, San Francisco, 1993 to 2003
University of Houston, Printmaking, Clear Lake, TX, 1987 to 1988

TEACHER: Qigong, Art as Healing or Hawaiian Lomilomi Massage Classes

Chi Nei Tsang Institute, CA - present
WC Civic Center, 2015 to 2020; Acalanes Adult Education, Walnut Creek, 2010 to present
CURA-Carnales Unidos Reformando Adictos drug/alcohol treatment center, Fremont, 2019
Acupressure Institute, Berkeley, 2001 to 2014
LucasFilm, ILM, Presidio, CA, 2011 to 2012
Haight Ashbury Free Clinic Jail Psychiatric Services, CA 1995 to 1998
San Francisco County Jails (2, 7, 8) Arts Council/National Endowment for Arts, 1990, '91, '95

PRIVATE PRACTICE: Hawaiian Lomi Massage, Medical Qigong, Hypnotherapy, 2002 to present

PRESENTER/TEACHER: Qigong, Maskmaking, Art as Meditation classes, 1990 to present

Google/YouTube Global Marketing Team Conference, Truckee, CA; Canyon Ranch-Woodside, Ca;
Transpersonal Instituto Universitario, Puebla, MX; Aluxes Ecoparque, Palenque, MX; Omega
Institute, Rhinebeck, NY; Institute of Noetic Sciences, CA; UCS, Asheville, NC; Chi Nei Tsang
Institute, Oakland, CA; Transpersonal Psychology Conf, Presidio, CA; Transpersonal Psychology
Conference, University of British Columbia, Vancouver; Transpersonal Psychology Network
Canada, Vancouver, BC; Oregon Counseling Assoc., Portland; Arts Education Consortium, Reno,
NV; Chi Nei Tsang/Maskmaking, Stillheart Institute, Woodside, CA; Fox Institute of Creation
Spirituality, Boulder CO; Sacred Wisdom Center, Guelph, Canada; Idyllwild School of Music and
the Arts, Idyllwild, CA; Luminous Body Integral School of Energy Medicine, Santa Cruz, CA;
L'auberge Soleil, Napa, CA; Manitoumie Retreat Center, Mauston, WI; Honolulu Academy of Arts,
HI; Hale Ola Hawaiian Healing Center, HI; Alector Biotech, Co; Casa Angelica House of Prayer,
Carmel; United Church of Christ, Tiburon; Mercy Center, Burlingame; Santa Sabina Retreat Ctr.,
Marin; Peace Lutheran, Danville, DA; Vallombrosa Retreat Center, Menlo Park, CA; Wisdom
University, Mill Valley, CA; School of Applied Theology (SAT), Oakland, CA; San Damiano Retreat
Center, Danville, CA; St. Mary's High School, Ralston Retreat Center; many high schools in
Oakland and San Francisco; FATL 1000 Faces Project, Oakland

VOLUNTEER SERVICE: Teaching & Presenting “Qigong for Peace and Spirit”
Peaceful Heart Sangha (Buddhist), Walnut Creek, CA; Interfaith Council of Contra Costa, CA;
Monument Crisis Center, Concord; John Muir Stroke Support Group; Unity of Walnut Creek;
Mount Diablo Unitarian Universalist Church; Peace Lutheran, Danville; Temple Isaiah, Lafayette.
Mount Diablo Peace and Justice Center

Kaleo and Elise have given Acupressure/Massage for guide dogs at Canine Companion, horses at Northgate Equestrian Center, health care clients at CA Care Force; monks at New Camaldoli Hermitage, Carmel, sisters at Our Lady of the Redwood Abbey, Whitethorn, and veterans at Concord Veterans Center

ARTIST & POET: Artist (Kaleo) and poet (Elise) have co-exhibited at California Institute of Integral Studies; Reno Arts & Culture Commission, NV; San Luis Obispo Art Center; Sun Gallery, Hayward; Claudia Chapline Gallery; John F. Kennedy University; Oakland Museum of Art; California College of the Arts; Matrix Gallery, Sacramento; Arts Council of San Mateo; Jewish Community Museum, SF; Los Angeles Korean Art Center, Red Door Gallery, Oakland; U of Houston, TX, etc.

BOOKS: Coauthored by Elise and Kaleo Ching

They are in the process of writing a new book: *Riding the Midnight Wing* (poetry by Elise and guided shamanic journeys by Kaleo) 2022

- *Qi and Grace: An Embodied Lord's Prayer*, by Elise and Kaleo Ching with Rev. Steve Harms (Kaleonahe Press, 2015)
- *The Creative Art of Living, Dying, and Renewal: Your Journey Through Stories, Qigong Meditation, Journaling, and Art* (North Atlantic Books, 2014)
- *Healing Buddha Palms Chi Kung* (Manual and Video), by Elise and Kaleo Ching, with Gilles Marin (Chi Nei Tsang Institute, 2011)
- *Sharing the Maskmaking Journey: A Faces of Your Soul Teacher's Manual* (Kaleonahe Press, 2011)
- *Chi and Creativity: Vital Energy and Your Inner Artist* (Blue Snake Books, 2007)
- *Faces of Your Soul: Rituals in Art, Maskmaking, and Guided Imagery with Ancestors, Spirit Guides, and Totem Animals* (North Atlantic Books, 2006)

VIDEOS: <http://www.kaleoching.com> and YouTube

Spiraling Dragon and other Qigong videos by Rossmoor Television, Channel 28

Emotional Harmony Qigong

Five Element Chi Kung

Abba-Imma Qigong

Aloha Qigong

Tiger's Breath Qigong

Hawaiian Lomilomi Massage (excerpt)

Tao of Creativity - Maskmaking process

MILITARY SERVICE: 1967-71

German Linguist, U.S. Army Security Agency, West Berlin - Transcribed German to English.

Also lived with a German family (3 years) and volunteered in German orphanages.

EDUCATION

Cert Medical Qigong Practitioner (200 hrs), Acupuncture & Integrative Medicine College, 2014

Cert Clinical Hypnotherapist (500 hrs): Hypnotherapy Training Institute, Santa Rosa, 2008

Cert Acupressure Massage Therapist (1000+ hours): Acupressure Institute, Berkeley, CA 2002
Hawaiian Lomilomi Massage Therapist (200+ hrs): Hawaiian Healing Institute, 2005
Chi Nei Tsang (internal organ massage) (200+ hrs): Chi Nei Tsang Institute
Qigong Practitioner (45 years)
Cert. Tamarind Institute Fine Arts Lithographer, Tamarind Institute, Albuquerque, NM, 1982
Master of Art (Studio Art), University of New Mexico, Albuquerque, 1981
Bachelor of Fine Art, University of Hawaii, Honolulu, 1977
German Language Diploma, US Army Defense Language Institute, Monterey, CA, 1969

LANGUAGES

English, German (intermediate), Spanish (intermediate/advanced level)

GRATITUDE TO MY TEACHERS: Medical Qigong: Daju Suzanne Friedman; Hypnotherapy and Shamanic Practices: Randal Churchill, Cheryl Canfield, Marleen Muldar, Sandra Ingerman, Annie Blackstone, Puma Fredy Quispe Singona; Acupressure and Chinese Medicine: Michael Gach, Alice Hiatt, Joseph Carter; Hawaiian Lomilomi Massage: Kumu Dane Kaohelani Silva; Qigong and Chi Nei Tsang: Gilles Marin, Mantak Chia, Bruce Kumar Frantzis, T.Y. Pang, Peter Ralston; Art/Lithography: John Sommers, Garo Antreasian